

2010 Tri for the Y Individual Triathlon Results - Women

Place	Bib#	Event	Name	Lname	Age	G	City	St	Run/swm	Bike	Run	Final	Div/Tot	Div	G	
1	141	Tri	Andrea	Gordon	F45-49	47	F	BRUNSWICK	ME	4:51	42:08:00	23:39	1:13:30	1/22	F45-49	F
2	110	Tri	Abigail	Bliss	F35-39	35	F	CUMBERLAND FORE	ME	4:33	40:51:00	25:56:00	1:14:20	1/29	F35-39	F
3	64	Tri	Amy	Davis	F30-34	34	F	FALMOUTH	ME	3:59	43:26:00	25:32:00	1:15:40	1/11	F30-34	F
4	78	Tri	Jennifer	Hill	F35-39	37	F	POWNAL	ME	4:19	44:05:00	25:07:00	1:16:03	2/1	F35-39	F
5	72	Tri	Julie An	Perkins	F35-39	36	F	NORTH YARMOUTH	ME	5:05	44:13:00	24:31:00	1:16:24	3/29	F35-39	F
6	135	Tri	Liz	Prescott	F45-49	45	F	FREEPORT	ME	6:33	43:04:00	24:47:00	1:17:21	2/22	F45-49	F
7	66	Tri	Melissa	Christensen	F30-34	34	F	FREEPORT	ME	6:21	42:42:00	25:34:00	1:17:25	2/11	F30-34	F
8	114	Tri	Jill	Weybrant	F40-44	42	F	BATH	ME	5:17	42:18:00	27:09:00	1:18:07	1/26	F40-44	F
9	123	Tri	Kathy	McCosh	F40-44	44	F	DURHAM	ME	6:19	46:04:00	24:25:00	1:20:00	2/26	F40-44	F
10	81	Tri	Kristy	Trice	F35-39	37	F	AUGUSTA	ME	5:47	43:37:00	27:08:00	1:20:23	4/29	F35-39	F
11	84	Tri	Kim	Stoeckel	F35-39	38	F	YARMOUTH	ME	4:34	45:10:00	27:28:00	1:20:54	5/29	F35-39	F
12	136	Tri	Sheryl	Watson	F45-49	45	F	YARMOUTH	ME	7:03	44:16:00	26:47:00	1:21:05	3/22	F45-49	F
13	90	Tri	Leigh	Small	F35-39	38	F	SCARBOROUGH	ME	5:28	46:42:00	26:08:00	1:21:22	6/29	F35-39	F
14	106	Tri	Nicky	Knighton	F40-44	41	F	FREEPORT	ME	6:18	46:02:00	25:53:00	1:21:40	3/26	F40-44	F
15	133	Tri	Rebecca	Goodwin	F45-49	45	F	NORTH YARMOUTH	ME	5:16	45:39:00	27:46:00	1:21:44	4/22	F45-49	F
16	98	Tri	Amy	Greenberg	F40-44	40	F	WEST NEWBURY	MA	5:51	43:59:00	26:37:00	1:21:47	4/26	F40-44	F
17	68	Tri	Stephani	McLarty	F35-39	35	F	RAYMOND	ME	5:31	45:23:00	27:35:00	1:21:54	7/29	F35-39	F
18	50	Tri	Stephani	Noyes	F25-29	28	F	CUMBERLAND	ME	5:14	43:29:00	29:26:00	1:22:39	1/11	F25-29	F
19	116	Tri	Laura	Singer	F40-44	42	F	NORTH YARMOUTH	ME	6:48	45:42:00	27:14:00	1:22:48	5/26	F40-44	F
20	165	Tri	Robin	Schulte	F55-59	55	F	PORTLAND	ME	4:39	45:33:00	28:57:00	1:22:54	1/9	F55-59	F
21	58	Tri	Patience	Cleveland	F30-34	31	F	FALMOUTH	ME	6:55	45:29:00	26:57:00	1:23:19	3/11	F30-34	F
22	127	Tri	Susan	Clifford	F40-44	44	F	CUMBERLAND	ME	6:38	45:45:00	28:28:00	1:24:02	6/26	F40-44	F
23	109	Tri	Sandra	Dumont	F40-44	41	F	BIDDEFORD	ME	6:41	46:17:00	28:13:00	1:24:03	7/26	F40-44	F
24	73	Tri	Patricia	Lefevre	F35-39	36	F	FALMOUTH	ME	6:13	48:53:00	25:26:00	1:24:12	8/29	F35-39	F
25	167	Tri	Melissa	Manoogian	F55-59	55	F	WESTBROOK	ME	6:36	45:02:00	27:49:00	1:24:14	2/9	F55-59	F
26	132	Tri	Amy	Theisen	F45-49	45	F	FALMOUTH	ME	5:40	47:39:00	27:24:00	1:24:21	5/22	F45-49	F
27	125	Tri	Liz	Freeman	F40-44	44	F	PORTLAND	ME	6:17	44:25:00	30:46:00	1:24:22	8/26	F40-44	F
28	44	Tri	Katie	Skilling	F25-29	25	F	GRAY	ME	5:07	45:56:00	29:51:00	1:25:14	2/11	F25-29	F
29	97	Tri	Jill	Piker	F35-39	39	F	YARMOUTH	ME	5:51	44:19:00	32:06:00	1:25:32	9/29	F35-39	F
30	174	Tri	Mary	Schendel	F55-59	59	F	CUMBERLAND	ME	6:25	46:34:00	29:28:00	1:26:51	3/9	F55-59	F
31	151	Tri	Lynne	Crandall	F45-49	48	F	PORTLAND	ME	5:25	48:09:00	28:42:00	1:26:53	6/22	F45-49	F
32	111	Tri	Joanne	Smith	F40-44	42	F	PORTLAND	ME	7:33	47:50:00	27:58:00	1:26:56	9/26	F40-44	F
33	43	Tri	Meaghan	Rohde	F20-24	21	F	CUMBERLAND FORE	ME	4:00	52:29:00	27:04:00	1:27:33	1/1	F20-24	F
34	95	Tri	Penny	Ducharme	F35-39	39	F	NEW GLOUCESTER	ME	5:30	50:04:00	28:21:00	1:27:44	10/29	F35-39	F
35	154	Tri	Kathy	Erickson	F50-54	50	F	SCARBOROUGH	ME	6:15	46:20:00	31:23:00	1:27:50	1/7	F50-54	F

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Place	Bib#	Event	Name	Lname	Age	G	City	St	Run/swm	Bike	Run	Final	Div/Tot	Div	G	
36	143	Tri	Lynne	Lewis	F45-49	47	F	BUXTON	ME	4:54	48:36:00	31:00:00	1:28:09	7/22	F45-49	F
37	75	Tri	Stephani	Walsh	F35-39	37	F	SACO	ME	6:40	52:28:00	25:46:00	1:28:22	11/29	F35-39	F
38	62	Tri	Anne	Nadzo	F30-34	33	F	PORTLAND	ME	5:50	47:15:00	31:11:00	1:28:22	4/11	F30-34	F
39	41	Tri	Kristen	Grandonico	F15-19	18	F	BATH	ME	3:54	49:41:00	31:19:00	1:28:35	1/2	F15-19	F
40	139	Tri	Pam	Schlichting	F45-49	46	F	NEW GLOUCESTER	ME	7:27	50:04:00	26:53:00	1:28:39	8/22	F45-49	F
41	166	Tri	Mary Ann	Healey	F55-59	55	F	PORTLAND	ME	6:29	47:24:00	30:44:00	1:28:49	4/9	F55-59	F
42	119	Tri	Marianne	Ricciardi	F40-44	43	F	YARMOUTH	ME	5:29	48:46:00	30:12:00	1:28:57	10/26	F40-44	F
43	53	Tri	Amy	Landry	F25-29	29	F	PORTLAND	ME	6:01	51:35:00	26:17:00	1:29:03	3/11	F25-29	F
44	89	Tri	Hannah	Wolken	F35-39	38	F	WESTBROOK	ME	6:40	44:45:00	34:21:00	1:29:14	12/29	F35-39	F
45	61	Tri	Courtney	Washbourne	F30-34	32	F	YARMOUTH	ME	6:43	51:27:00	27:20:00	1:29:25	5/11	F30-34	F
46	52	Tri	Molly	Urquhart	F25-29	29	F	PORTLAND	ME	5:41	51:38:00	28:23:00	1:29:27	4/11	F25-29	F
47	118	Tri	Robin	Sawyer	F40-44	43	F	CUMBERLAND	ME	7:18	50:10:00	30:07:00	1:30:30	11/26	F40-44	F
48	120	Tri	Betty	Sikora	F40-44	43	F	MONTPELIER	VT	5:57	49:33:00	29:43:00	1:31:20	12/26	F40-44	F
49	107	Tri	Rachel	Mills	F40-44	41	F	FREEPORT	ME	5:53	50:23:00	29:44:00	1:31:41	13/26	F40-44	F
50	65	Tri	Jane	Babik	F30-34	34	F	WATERVILLE	ME	7:29	47:34:00	33:44:00	1:31:49	6/11	F30-34	F
51	140	Tri	Maureen	Fitzgerald	F45-49	46	F	CUMBERLAND	ME	6:58	51:21:00	28:39:00	1:31:51	9/22	F45-49	F
52	96	Tri	Louise	Wilkinson	F35-39	39	F	NEW GLOUCESTER	ME	8:33	49:09:00	29:56:00	1:31:56	13/29	F35-39	F
53	83	Tri	Amy	Pearl	F35-39	37	F	YARMOUTH	ME	5:40	51:41:00	31:15:00	1:31:56	14/29	F35-39	F
54	138	Tri	Christin	Manderson	F45-49	46	F	YARMOUTH	ME	6:22	54:25:00	27:18:00	1:32:12	10/22	F45-49	F
55	86	Tri	Denise	Taddeo	F35-39	38	F	PORTLAND	ME	7:51	46:07:00	33:56:00	1:32:55	15/29	F35-39	F
56	91	Tri	Dava	Davin	F35-39	39	F	CUMBERLAND FORE	ME	7:20	50:03:00	31:17:00	1:33:34	16/29	F35-39	F
57	85	Tri	Kim	MacDonald	F35-39	38	F	POWNAL	ME	5:50	52:06:00	33:15:00	1:34:09	17/29	F35-39	F
58	131	Tri	Carmen	Coyne	F45-49	45	F	CUMBERLAND	ME	7:52	52:01:00	30:03:00	1:34:10	11/22	F45-49	F
59	126	Tri	Jennifer	Wayland	F40-44	44	F	CAMDEN	ME	7:47	49:05:00	33:12:00	1:34:14	14/26	F40-44	F
60	76	Tri	Lisa	Sweet	F35-39	37	F	NORTH YARMOUTH	ME	6:13	50:54:00	31:26:00	1:34:17	18/29	F35-39	F
61	112	Tri	Francesc	Kerr	F40-44	42	F	FALMOUTH	ME	4:57	47:38:00	37:42:00	1:35:12	15/26	F40-44	F
62	172	Tri	Sandi	Lemmerman	F55-59	58	F	DURHAM	ME	6:27	49:37:00	33:18:00	1:35:13	5/9	F55-59	F
63	144	Tri	Shannon	Banks	F45-49	47	F	BRUNSWICK	ME	5:53	51:59:00	32:43:00	1:35:13	12/22	F45-49	F
64	80	Tri	Jocelyn	Livermore	F35-39	37	F	PORTLAND	ME	6:23	50:56:00	32:29:00	1:35:31	19/29	F35-39	F
65	47	Tri	Brenda	Tame	F25-29	26	F	GRAY	ME	6:45	52:52:00	32:04:00	1:35:53	5/11	F25-29	F
66	57	Tri	Leah	O'Neill	F30-34	30	F	BEVERLY	MA	4:43	53:05:00	34:45:00	1:36:17	7/11	F30-34	F
67	153	Tri	Anita	Tomascak	F45-49	49	F	PORTLAND	ME	6:44	52:34:00	29:36:00	1:36:33	13/22	F45-49	F
68	49	Tri	Crystal	Altvater	F25-29	28	F	S PORTLAND	ME	7:19	56:27:00	27:06:00	1:36:35	6/11	F25-29	F
69	113	Tri	Kap	Wallingford	F40-44	42	F	FREEPORT	ME	6:41	47:57:00	38:52:00	1:36:39	16/26	F40-44	F
70	55	Tri	Lisa	Beeler	F30-34	30	F	SCARBOROUGH	ME	6:12	55:12:00	28:17:00	1:36:41	8/11	F30-34	F

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71	134	Tri	Meg	Coon	F45-49	45	F	CUMBERLAN	ME	6:23	49:28:00	37:10:00	1:36:43	14/22	F45-49	F
72	150	Tri	Wendy	Hallenbeck	F45-49	48	F	WATERVILLE	ME	12:10	48:02:00	33:37:00	1:36:48	15/22	F45-49	F
73	82	Tri	Rebecca	Humphrey	F35-39	37	F	STANDISH	ME	6:55	54:35:00	31:06:00	1:36:49	20/29	F35-39	F
74	79	Tri	Heather	Shields	F35-39	37	F	YARMOUTH	ME	6:39	49:58:00	36:59:00	1:37:07	21/29	F35-39	F
75	77	Tri	Callie	Steuer	F35-39	37	F	CUMBERLAND FORE	ME	8:21	52:07:00	32:36:00	1:37:13	22/29	F35-39	F
76	93	Tri	Gretchen	Johnson	F35-39	39	F	PORTLAND	ME	7:01	54:31:00	30:46:00	1:37:33	23/29	F35-39	F
77	159	Tri	Nancy	Goldstein	F50-54	51	F	FALMOUTH	ME	5:44	52:57:00	32:53:00	1:37:46	2/7	F50-54	F
78	104	Tri	Robin	Lary	F40-44	41	F	NORTH YARMOUTH	ME	6:41	54:00:00	33:24:00	1:37:54	17/26	F40-44	F
79	103	Tri	Heaather	Gale	F40-44	40	F	FALMOUTH	ME	6:45	54:06:00	33:36:00	1:37:57	18/26	F40-44	F
80	87	Tri	Kristine	Allard	F35-39	38	F	BIDDEFORD	ME	7:39	51:03:00	34:52:00	1:38:01	24/29	F35-39	F
81	54	Tri	Sarah	Walters	F25-29	29	F	GRAY	ME	5:33	55:46:00	33:35:00	1:38:59	7/11	F25-29	F
82	70	Tri	Teresa	Sirois	F35-39	35	F	NORTH YARMOUTH	ME	8:40	54:19:00	30:59:00	1:39:00	25/29	F35-39	F
83	149	Tri	Cynthia	Rohde	F45-49	48	F	CUMBERLAND FORE	ME	6:30	51:05:00	36:07:00	1:39:17	16/22	F45-49	F
84	121	Tri	Tobey	Warnock	F40-44	43	F	PORTLAND	ME	6:19	53:06:00	36:18:00	1:39:25	19/26	F40-44	F
85	101	Tri	Patricia	Buck	F40-44	40	F	PORTLAND	ME	5:16	53:24:00	32:47:00	1:39:42	20/26	F40-44	F
86	71	Tri	Julie	Rosenbach	F35-39	35	F	SOUTH PORTLAND	ME	7:00	54:06:00	32:47:00	1:39:42	26/29	F35-39	F
87	100	Tri	Stephani	Brewer	F40-44	40	F	YARMOUTH	ME	7:44	56:11:00	31:25:00	1:39:44	21/26	F40-44	F
88	59	Tri	Carrie	Hedman	F30-34	32	F	FREEMPORT	ME	7:12	1:00:36	27:33:00	1:40:36	9/11	F30-34	F
89	122	Tri	Meg	Hausman	F40-44	44	F	CUMBERLAND	ME	5:54	52:36:00	38:07:00	1:40:41	22/26	F40-44	F
90	67	Tri	Cara	Belowski	F30-34	34	F	WESTBROOK	ME	5:51	54:19:00	36:55:00	1:40:54	10/11	F30-34	F
91	48	Tri	Kelley	Strout	F25-29	27	F	PORTLAND	ME	8:22	58:44:00	29:32:00	1:41:08	8/11	F25-29	F
92	74	Tri	Cheryl	Johnson	F35-39	36	F	GRAY	ME	7:01	55:01:00	34:43:00	1:41:20	27/29	F35-39	F
93	158	Tri	Monica	Cormier	F50-54	51	F	WINDHAM	ME	6:48	56:49:00	34:40:00	1:42:09	3/7	F50-54	F
94	46	Tri	Aimee	Doherty	F25-29	26	F	WINDHAM	ME	5:01	56:56:00	35:00:00	1:42:31	9/11	F25-29	F
95	164	Tri	Maura	Halkiotis	F50-54	54	F	YARMOUTH	ME	8:34	54:12:00	34:30:00	1:42:32	4/7	F50-54	F
96	130	Tri	Catherin	Breen	F45-49	45	F	FALMOUTH	ME	8:16	51:19:00	35:53:00	1:42:43	17/22	F45-49	F
97	105	Tri	Heather	Osgood	F40-44	41	F	CUMBERLAND	ME	5:49	53:35:00	40:42:00	1:44:00	23/26	F40-44	F
98	170	Tri	Ann	Casady	F55-59	56	F	YARMOUTH	ME	7:04	52:57:00	40:08:00	1:44:53	6/9	F55-59	F
99	145	Tri	Robin	Dunnett	F45-49	47	F	CUMBERLAND	ME	6:39	52:04:00	42:13:00	1:45:21	18/22	F45-49	F
100	115	Tri	Susan	Horton	F40-44	42	F	NORTH YARMOUTH	ME	5:50	1:01:17	32:59:00	1:45:22	24/26	F40-44	F
101	88	Tri	Debbie	Kelley	F35-39	38	F	PORTLAND	ME	6:52	1:01:05	33:33:00	1:45:35	28/29	F35-39	F
102	92	Tri	Colleen	Guillou	F35-39	39	F	NEWBURYPORT	MA	7:18	56:01:00	37:10:00	1:45:49	29/29	F35-39	F
103	176	Tri	Lois	Martin	F60-64	60	F	S PORTLAND	ME	10:55	56:12:00	33:05:00	1:45:53	1/3	F60-64	F
104	51	Tri	Dana P.	Buckoski	F25-29	28	F	YARMOUTH	ME	5:20	58:27:00	38:09:00	1:46:32	10/11	F25-29	F
105	40	Tri	Jenna	Brink	F15-19	16	F	CUMBERLAND	ME	4:52	57:06:00	40:16:00	1:48:02	2/2	F15-19	F

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106	142	Tri	Sheila	Dilios	F45-49	47 F	PORTLAND	ME	9:38	55:46:00	37:44:00	1:48:51	19/22	F45-49	F
107	177	Tri	Marcia	Feller	F60-64	63 F	YARMOUTH	ME	7:12	1:01:06	35:03:00	1:49:37	2/3	F60-64	F
108	15	Tri	April	Wade	F30-34	30 F	NEW GLOUCESTER	ME	6:19	54:49:00	43:44:00	1:49:44	11/11	F30-34	F
109	168	Tri	Mary Jay	Gould	F55-59	56 F	PORTLAND	ME	9:35	54:05:00	39:33:00	1:49:48	7/9	F55-59	F
110	99	Tri	Heather	McGary	F40-44	40 F	WINDHAM	ME	8:07	56:21:00	40:37:00	1:50:24	25/26	F40-44	F
111	175	Tri	Carol	Cain	F60-64	60 F	CUMBERLAND FORE	ME	9:22	58:12:00	39:25:00	1:51:57	3/3	F60-64	F
112	108	Tri	Kristi	Frates	F40-44	41 F	SCARBOROUGH	ME	7:33	56:41:00	41:03:00	1:52:27	26/26	F40-44	F
113	171	Tri	Jean	Smith	F55-59	58 F	GRAY	ME	8:33	59:02:00	40:22:00	1:52:51	8/9	F55-59	F
114	169	Tri	Cheryl	Greaney	F55-59	56 F	PORTLAND	ME	7:16	59:17:00	41:30:00	1:52:55	9/9	F55-59	F
115	45	Tri	Kerri	Finamore	F25-29	26 F	YARMOUTH	ME	8:56	1:02:54	37:14:00	1:53:21	11/11	F25-29	F
116	160	Tri	Judith	Arbuckle	F50-54	52 F	PORTLAND	ME	7:38	1:05:17	35:26:00	1:55:05	5/7	F50-54	F
117	146	Tri	Kathy	Domingo	F45-49	47 F	CUMBERLAND	ME	8:36	1:04:23	42:41:00	1:59:20	20/22	F45-49	F
118	178	Tri	Elizabet	Serrage	F70-74	71 F	CAPE ELIZABETH	ME	10:08	1:03:37	43:47:00	2:05:47	1/1	F70-74	F
119	161	Tri	Debora	Low	F50-54	52 F	NORTH YARMOUTH	ME	7:36	1:02:08	50:43:00	2:06:06	6/7	F50-54	F
120	128	Tri	Suellen	Shaw	F45-49	45 F	N YARMOUTH	ME	6:35	1:10:21	48:58:00	2:12:22	21/22	F45-49	F
121	162	Tri	Nancy	Mina	F50-54	53 F	SCARBOROUGH	ME	9:14	1:16:54	44:52:00	2:18:54	7/7	F50-54	F
122	300	Tri	Angela J	Wheaton	F45-49	48 F	POWNAL	ME	8:34	1:01:33	59:05:00	2:45:02	22/22	F45-49	F

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