

2010 Tri for the Y Triathlon Results - Men

Place	Bib#	Event	Name	Lname	Age	G	City	St	Run/swm	Bike	Run	Final	Div/Tot	Div	G
1	147	Tri	Robert	Fast	M45-49	48 M	CUMBERLAND	ME	4:09	33:55:00	19:47	59:51:00	1/5	M45-49	M
2	243	Tri	Peter	Barrett	M50-54	50 M	POWNAL	ME	5:23	38:13:00	20:47	1:06:14	1/7	M50-54	M
3	63	Tri	Nate	Smith	M30-34	33 M	NORTH YARMOUTH	ME	3:47	39:07:00	21:36	1:07:42	1/2	M30-34	M
4	205	Tri	James	Robichaud	M20-24	23 M	SOUTH PORTLAND	ME	3:34	41:41:00	23:05	1:10:40	1/1	M20-24	M
5	251	Tri	Roy	Nakamura	M55-59	56 M	BRUNSWICK	ME	5:34	39:05:00	23:41	1:10:41	1/3	M55-59	M
6	202	Tri	Daniel	Spencer	M15-19	16 M	NORTH YARMOUTH	ME	3:21	42:18:00	23:33	1:11:34	1/3	M15-19	M
7	230	Tri	James	Hettenbach	M40-44	43 M	PORTLAND	ME	5:10	36:50:00	26:49:00	1:12:48	1/8	M40-44	M
8	231	Tri	Michael	Specker	M40-44	43 M	SOUTH BERWICK	ME	5:19	40:30:00	22:26	1:13:06	2/8	M40-44	M
9	210	Tri	Peter	Smith	M25-29	29 M	HOPKINTON	MA	4:06	41:51:00	24:47:00	1:14:08	1/7	M25-29	M
10	218	Tri	Chris	Hill	M35-39	36 M	POWNAL	ME	5:19	43:27:00	22:45	1:14:21	1/10	M35-39	M
11	222	Tri	Brannon	Fisher	M35-39	38 M	BRUNSWICK	ME	4:22	41:02:00	25:57:00	1:14:36	2/10	M35-39	M
12	233	Tri	Joseph	MacDonald	M40-44	44 M	YARMOUTH	ME	5:27	42:27:00	24:26:00	1:15:07	3/8	M40-44	M
13	244	Tri	Jonathan	Tudor	M50-54	51 M	SCARBOROUGH	ME	6:37	42:50:00	22:46	1:15:53	2/7	M50-54	M
14	234	Tri	Paul	Lewandowski	M40-44	44 M	PORTLAND	ME	5:25	41:41:00	26:33:00	1:16:28	4/8	M40-44	M
15	236	Tri	Thomas	Watson	M45-49	48 M	NORTH YARMOUTH	ME	6:37	42:51:00	24:39:00	1:18:34	2/5	M45-49	M
16	246	Tri	Russell	Oakes	M50-54	51 M	SOUTH PORTLAND	ME	5:32	44:02:00	26:19:00	1:19:00	3/7	M50-54	M
17	219	Tri	Derek	Lautieri	M35-39	36 M	DERRY	NH	5:13	44:11:00	27:07:00	1:19:47	3/10	M35-39	M
18	209	Tri	James	Strout	M25-29	27 M	PORTLAND	ME	4:48	46:14:00	25:48:00	1:20:09	2/7	M25-29	M
19	213	Tri	Thomas	Ackerson	M30-34	32 M	WELLS	ME	7:26	42:21:00	27:08:00	1:20:30	2/2	M30-34	M
20	242	Tri	Mike	Takach	M50-54	50 M	CAPE ELIZABETH	ME	5:16	44:55:00	26:28:00	1:21:04	4/7	M50-54	M
21	240	Tri	Peter	Tomascak	M45-49	49 M	PORTLAND	ME	4:03	43:28:00	28:26:00	1:21:06	3/5	M45-49	M
22	245	Tri	Mark	Grandonico	M50-54	51 M	BATH	ME	5:42	41:49:00	28:42:00	1:22:05	5/7	M50-54	M
23	22	TRI	Samuel	Bruni	M15-19	17 M	FALMOUTH	ME	6:33	49:30:00	23:10	1:22:36	2/3	M15-19	M
24	212	Tri	Wayne	Keller	M25-29	29 M	SCARBOROUGH	ME	6:07	44:03:00	29:25:00	1:22:42	3/7	M25-29	M
25	224	Tri	Shaun	Lajeunesse	M35-39	39 M	YARMOUTH	ME	7:08	44:12:00	28:22:00	1:24:24	4/10	M35-39	M
26	217	Tri	Andrew	Manning	M35-39	36 M	FREEMPORT	ME	5:19	47:00:00	29:56:00	1:25:52	5/10	M35-39	M
27	226	Tri	Tobin	Piker	M40-44	41 M	YARMOUTH	ME	6:10	46:40:00	29:06:00	1:26:01	5/8	M40-44	M
28	206	Tri	Matthew	Burgess	M25-29	25 M	PORTLAND	ME	5:31	47:48:00	30:20:00	1:26:36	4/7	M25-29	M
29	249	Tri	David	Marchese	M50-54	54 M	CUMBERLAND	ME	6:54	44:24:00	30:48:00	1:26:50	6/7	M50-54	M
30	211	Tri	Adam	Szafran	M25-29	29 M	PORTLAND	ME	4:24	47:11:00	29:58:00	1:26:55	5/7	M25-29	M
31	232	Tri	David	Greenberg	M40-44	44 M	WEST NEWBURY	MA	6:29	46:21:00	29:38:00	1:27:10	6/8	M40-44	M
32	250	Tri	Winston	Barton	M55-59	56 M	PORTLAND	ME	5:43	46:50:00	28:47:00	1:27:43	2/3	M55-59	M
33	253	Tri	Frederic	Brown	M55-59	59 M	CUMBERLAND	ME	6:03	45:06:00	30:35:00	1:28:15	3/3	M55-59	M
34	229	Tri	Ken	Hallee	M40-44	43 M	PORTLAND	ME	8:35	47:08:00	29:55:00	1:29:09	7/8	M40-44	M
35	255	Tri	Michael	Cowell	M70-74	73 M	YARMOUTH	ME	6:58	46:21:00	30:31:00	1:30:10	1/1	M70-74	M

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36	214	Tri	Todd	Walters	M35-39	35 M	GRAY	ME	8:28	51:45:00	26:53:00	1:31:01	6/10	M35-39	M
37	215	Tri	Larry	Grondin	M35-39	35 M	SCARBOROUGH	ME	6:56	51:22:00	30:05:00	1:32:06	7/10	M35-39	M
38	208	Tri	Pat	Mileski	M25-29	25 M	SCARBOROUGH	ME	7:03	52:09:00	28:13:00	1:32:52	6/7	M25-29	M
39	200	Tri	Ben	Nelson	M15-19	15 M	YARMOUTH	ME	5:58	52:30:00	32:38:00	1:34:36	3/3	M15-19	M
40	207	Tri	Jeremy	Ackroyd	M25-29	25 M	WINDHAM	ME	6:19	52:19:00	30:25:00	1:35:04	7/7	M25-29	M
41	221	Tri	Josh	Barnes-Livermor	M35-39	37 M	PORTLAND	ME	6:12	53:21:00	30:19:00	1:35:22	8/10	M35-39	M
42	216	Tri	Michael	Beeler	M35-39	35 M	SCARBOROUGH	ME	8:32	54:55:00	28:19:00	1:36:43	9/10	M35-39	M
43	239	Tri	Theodore	Wilkinson	M45-49	48 M	HAVERHILL	MA	5:13	47:24:00	40:59:00	1:37:33	4/5	M45-49	M
44	247	Tri	David	Hoops	M50-54	52 M	S PORTLAND	ME	6:28	57:46:00	30:44:00	1:40:48	7/7	M50-54	M
45	237	Tri	Joseph	McDonnell	M45-49	48 M	FALMOUTH	ME	8:57	51:31:00	33:32:00	1:42:42	5/5	M45-49	M
46	220	Tri	Eric	Lacombe	M35-39	37 M	FALMOUTH	ME	7:29	59:48:00	33:50:00	1:46:40	10/10	M35-39	M
47	227	Tri	Philip	Grondin	M40-44	41 M	PORTLAND	ME	8:44	1:01:18	49:50:00	2:05:47	8/8	M40-44	M
48	254	Tri	Albert	Condon	M65-69	69 M	PRE4SQUE ISLE	ME	10:55	1:04:09	42:34:00	2:07:37	1/1	M65-69	M

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