

## 2010 Tri for the Y Triathlon Novice Results - Women

Place	Bib#	Event	Name	Lname	Age	G	City	St	Run/swm	Bike	Run	Final	Div/Tot	Div	
1	72	Tri	Julie An	Perkins	F35-39	36	F	NORTH YARMOUTH	ME	5:05	44:13:00	24:31:00	1:16:24	1/15	F35-39
2	135	Tri	Liz	Prescott	F45-49	45	F	FREEMPORT	ME	6:33	43:04:00	24:47:00	1:17:21	1/8	F45-49
3	98	Tri	Amy	Greenberg	F40-44	40	F	WEST NEWBURY	MA	5:51	43:59:00	26:37:00	1:21:47	1/15	F40-44
4	50	Tri	Stephani	Noyes	F25-29	28	F	CUMBERLAND	ME	5:14	43:29:00	29:26:00	1:22:39	1/11	F25-29
5	116	Tri	Laura	Singer	F40-44	42	F	NORTH YARMOUTH	ME	6:48	45:42:00	27:14:00	1:22:48	2/15	F40-44
6	58	Tri	Patience	Cleveland	F30-34	31	F	FALMOUTH	ME	6:55	45:29:00	26:57:00	1:23:19	1/6	F30-34
7	109	Tri	Sandra	Dumont	F40-44	41	F	BIDDEFORD	ME	6:41	46:17:00	28:13:00	1:24:03	3/15	F40-44
8	167	Tri	Melissa	Manoogian	F55-59	55	F	WESTBROOK	ME	6:36	45:02:00	27:49:00	1:24:14	1/4	F55-59
9	132	Tri	Amy	Theisen	F45-49	45	F	FALMOUTH	ME	5:40	47:39:00	27:24:00	1:24:21	2/8	F45-49
10	44	Tri	Katie	Skilling	F25-29	25	F	GRAY	ME	5:07	45:56:00	29:51:00	1:25:14	2/11	F25-29
11	111	Tri	Joanne	Smith	F40-44	42	F	PORTLAND	ME	7:33	47:50:00	27:58:00	1:26:56	4/15	F40-44
12	43	Tri	Meaghan	Rohde	F20-24	21	F	CUMBERLAND FORE	ME	4:00	52:29:00	27:04:00	1:27:33	1/1	F20-24
13	154	Tri	Kathy	Erickson	F50-54	50	F	SCARBOROUGH	ME	6:15	46:20:00	31:23:00	1:27:50	1/4	F50-54
14	75	Tri	Stephani	Walsh	F35-39	37	F	SACO	ME	6:40	52:28:00	25:46:00	1:28:22	2/15	F35-39
15	166	Tri	Mary Ann	Healey	F55-59	55	F	PORTLAND	ME	6:29	47:24:00	30:44:00	1:28:49	2/4	F55-59
16	119	Tri	Marianne	Ricciardi	F40-44	43	F	YARMOUTH	ME	5:29	48:46:00	30:12:00	1:28:57	5/15	F40-44
17	53	Tri	Amy	Landry	F25-29	29	F	PORTLAND	ME	6:01	51:35:00	26:17:00	1:29:03	3/11	F25-29
18	61	Tri	Courtney	Washbourne	F30-34	32	F	YARMOUTH	ME	6:43	51:27:00	27:20:00	1:29:25	2/6	F30-34
19	52	Tri	Molly	Urquhart	F25-29	29	F	PORTLAND	ME	5:41	51:38:00	28:23:00	1:29:27	4/11	F25-29
20	120	Tri	Betty	Sikora	F40-44	43	F	MONTPELIER	VT	5:57	49:33:00	29:43:00	1:31:20	6/15	F40-44
21	83	Tri	Amy	Pearl	F35-39	37	F	YARMOUTH	ME	5:40	51:41:00	31:15:00	1:31:56	3/15	F35-39
22	91	Tri	Dava	Davin	F35-39	39	F	CUMBERLAND FORE	ME	7:20	50:03:00	31:17:00	1:33:34	4/15	F35-39
23	85	Tri	Kim	MacDonald	F35-39	38	F	POWNA	ME	5:50	52:06:00	33:15:00	1:34:09	5/15	F35-39
24	76	Tri	Lisa	Sweet	F35-39	37	F	NORTH YARMOUTH	ME	6:13	50:54:00	31:26:00	1:34:17	6/15	F35-39
25	112	Tri	Francesc	Kerr	F40-44	42	F	FALMOUTH	ME	4:57	47:38:00	37:42:00	1:35:12	7/15	F40-44
26	172	Tri	Sandi	Lemmerman	F55-59	58	F	DURHAM	ME	6:27	49:37:00	33:18:00	1:35:13	3/4	F55-59
27	80	Tri	Jocelyn	Livermore	F35-39	37	F	PORTLAND	ME	6:23	50:56:00	32:29:00	1:35:31	7/15	F35-39
28	47	Tri	Brenda	Tame	F25-29	26	F	GRAY	ME	6:45	52:52:00	32:04:00	1:35:53	5/11	F25-29
29	57	Tri	Leah	O'Neill	F30-34	30	F	BEVERLY	MA	4:43	53:05:00	34:45:00	1:36:17	3/6	F30-34
30	49	Tri	Crystal	Altwater	F25-29	28	F	S PORTLAND	ME	7:19	56:27:00	27:06:00	1:36:35	6/11	F25-29
31	55	Tri	Lisa	Beeler	F30-34	30	F	SCARBOROUGH	ME	6:12	55:12:00	28:17:00	1:36:41	4/6	F30-34
32	82	Tri	Rebecca	Humphrey	F35-39	37	F	STANDISH	ME	6:55	54:35:00	31:06:00	1:36:49	8/15	F35-39
33	79	Tri	Heather	Shields	F35-39	37	F	YARMOUTH	ME	6:39	49:58:00	36:59:00	1:37:07	9/15	F35-39
34	77	Tri	Callie	Steuer	F35-39	37	F	CUMBERLAND FORE	ME	8:21	52:07:00	32:36:00	1:37:13	10/15	F35-39
35	93	Tri	Gretchen	Johnson	F35-39	39	F	PORTLAND	ME	7:01	54:31:00	30:46:00	1:37:33	11/15	F35-39

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Place	Bib#	Event	Name	Lname	Age	G	City	St	Run/swm	Bike	Run	Final	Div/Tot	Div
36	104	Tri	Robin	Lary	F40-44	41	F NORTH YARMOUTH	ME	6:41	54:00:00	33:24:00	1:37:54	8/15	F40-44
37	103	Tri	Heaather	Gale	F40-44	40	F FALMOUTH	ME	6:45	54:06:00	33:36:00	1:37:57	9/15	F40-44
38	54	Tri	Sarah	Walters	F25-29	29	F GRAY	ME	5:33	55:46:00	33:35:00	1:38:59	7/11	F25-29
39	70	Tri	Teresa	Sirois	F35-39	35	F NORTH YARMOUTH	ME	8:40	54:19:00	30:59:00	1:39:00	12/15	F35-39
40	149	Tri	Cynthia	Rohde	F45-49	48	F CUMBERLAND FORE	ME	6:30	51:05:00	36:07:00	1:39:17	3/8	F45-49
41	121	Tri	Tobey	Warnock	F40-44	43	F PORTLAND	ME	6:19	53:06:00	36:18:00	1:39:25	10/15	F40-44
42	71	Tri	Julie	Rosenbach	F35-39	35	F SOUTH PORTLAND	ME	7:00	54:06:00	32:47:00	1:39:42	13/15	F35-39
43	100	Tri	Stephani	Brewer	F40-44	40	F YARMOUTH	ME	7:44	56:11:00	31:25:00	1:39:44	11/15	F40-44
44	59	Tri	Carrie	Hedman	F30-34	32	F FREEPORT	ME	7:12	1:00:36	27:33:00	1:40:36	5/6	F30-34
45	67	Tri	Cara	Belowski	F30-34	34	F WESTBROOK	ME	5:51	54:19:00	36:55:00	1:40:54	6/6	F30-34
46	48	Tri	Kelley	Strout	F25-29	27	F PORTLAND	ME	8:22	58:44:00	29:32:00	1:41:08	8/11	F25-29
47	74	Tri	Cheryl	Johnson	F35-39	36	F GRAY	ME	7:01	55:01:00	34:43:00	1:41:20	14/15	F35-39
48	46	Tri	Aimee	Doherty	F25-29	26	F WINDHAM	ME	5:01	56:56:00	35:00:00	1:42:31	9/11	F25-29
49	130	Tri	Catherin	Breen	F45-49	45	F FALMOUTH	ME	8:16	51:19:00	35:53:00	1:42:43	4/8	F45-49
50	105	Tri	Heather	Osgood	F40-44	41	F CUMBERLAND	ME	5:49	53:35:00	40:42:00	1:44:00	12/15	F40-44
51	115	Tri	Susan	Horton	F40-44	42	F NORTH YARMOUTH	ME	5:50	1:01:17	32:59:00	1:45:22	13/15	F40-44
52	92	Tri	Colleen	Guillou	F35-39	39	F NEWBURYPORT	MA	7:18	56:01:00	37:10:00	1:45:49	15/15	F35-39
53	176	Tri	Lois	Martin	F60-64	60	F S PORTLAND	ME	10:55	56:12:00	33:05:00	1:45:53	1/2	F60-64
54	51	Tri	Dana P.	Buckoski	F25-29	28	F YARMOUTH	ME	5:20	58:27:00	38:09:00	1:46:32	10/11	F25-29
55	40	Tri	Jenna	Brink	F15-19	16	F CUMBERLAND	ME	4:52	57:06:00	40:16:00	1:48:02	1/1	F15-19
56	142	Tri	Sheila	Dilios	F45-49	47	F PORTLAND	ME	9:38	55:46:00	37:44:00	1:48:51	5/8	F45-49
57	177	Tri	Marcia	Feller	F60-64	63	F YARMOUTH	ME	7:12	1:01:06	35:03:00	1:49:37	2/2	F60-64
58	168	Tri	Mary Jay	Gould	F55-59	56	F PORTLAND	ME	9:35	54:05:00	39:33:00	1:49:48	4/4	F55-59
59	99	Tri	Heather	McGary	F40-44	40	F WINDHAM	ME	8:07	56:21:00	40:37:00	1:50:24	14/15	F40-44
60	108	Tri	Kristi	Frates	F40-44	41	F SCARBOROUGH	ME	7:33	56:41:00	41:03:00	1:52:27	15/15	F40-44
61	45	Tri	Kerri	Finamore	F25-29	26	F YARMOUTH	ME	8:56	1:02:54	37:14:00	1:53:21	11/11	F25-29
62	160	Tri	Judith	Arbuckle	F50-54	52	F PORTLAND	ME	7:38	1:05:17	35:26:00	1:55:05	2/4	F50-54
63	146	Tri	Kathy	Domingo	F45-49	47	F CUMBERLAND	ME	8:36	1:04:23	42:41:00	1:59:20	6/8	F45-49
64	161	Tri	Debora	Low	F50-54	52	F NORTH YARMOUTH	ME	7:36	1:02:08	50:43:00	2:06:06	3/4	F50-54
65	128	Tri	Suellen	Shaw	F45-49	45	F N YARMOUTH	ME	6:35	1:10:21	48:58:00	2:12:22	7/8	F45-49
66	162	Tri	Nancy	Mina	F50-54	53	F SCARBOROUGH	ME	9:14	1:16:54	44:52:00	2:18:54	4/4	F50-54
67	300	Tri	Angela J	Wheaton	F45-49	48	F POWNAL	ME	8:34	1:01:33	59:05:00	2:45:02	8/8	F45-49

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